

# CRANMORE SPORTS SCHOLARS

INFORMATION PACK



# WELCOME

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Cranmore's Sports Scholarship provision is an innovative and cutting-edge programme.

The scholar-centred approach enables the designated staff mentor to fully know and understand the athlete, whilst making sure all the sporting commitments fit well alongside academics and other lifestyle considerations. Mental health and wellbeing of the scholar is prioritised always before the commitments and demands of any sport.

Paul Hodgson, Director of Sport, is passionate about maximising young athletes' potential and firmly believes that, with the expertise in the department and from associated coaches, Cranmore has one of the most outstanding sports scholarship programmes that a young athlete can experience.

We also offer Tennis Scholarships through our Tennis Academy ESTA (Effingham Schools Tennis Association)



# OPPORTUNITIES

- Access to a bespoke Sports Scholarship Programme tailored to the individual athlete
- A designated staff mentor who supports sporting development, wellbeing, and balance with academics
- A weekly athletic development and skill acquisition session
- Termly workshops and seminars covering topics such as nutrition, mental skills, recovery, sleep, injury management, and time management
- Use of outstanding sports facilities, including sports fields, astro pitches, sports hall, swimming provision, and the state-of-the-art Athletic Development Centre
- Specialist coaching from Cranmore staff and a wide range of associated professional coaches
- Strong links with professional sporting organisations (e.g. Chelsea FC, Harlequins RFC)
- Access to a dedicated online learning area (VLE) with coaching videos, strength and conditioning programmes, and workshop resources
- One-to-one mentor meetings each term and family support meetings twice a year
- Development of key psychological and performance skills (focus, resilience, goal setting, coping with pressure)
- Opportunities to represent the school at a high competitive level

# EXPECTATIONS

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- Demonstrate a high level of sporting ability and clear potential
- Show commitment, positive attitude, good behaviour, and strong sporting values
- Continue to progress in their chosen sport(s)
- Represent the school regularly in fixtures and competitions
- Act as role models, particularly for younger pupils
- Help to drive high standards of sport across the school
- Attend and fully engage with the weekly Sports Scholarship session
- Balance sport alongside academic work and a healthy lifestyle
- Take responsibility for their own development, wellbeing and conduct
- Engage positively with mentors, coaches and the wider support network
- Understand that scholarships are reviewed at the end of Year 9 and may be withdrawn if standards or commitment are not met



# HOW TO APPLY



## Eligibility

Sports Scholarships are available to 11+ and 13+ candidates who demonstrate a high level of sporting ability, potential, commitment, and positive behaviour.

## Applicants may apply for a:

General Sports Scholarship (a high standard in two or more sports, including at least one core school sport: football, rugby, hockey, cricket or swimming),

or

Specific Sports Scholarship (exceptional ability in one sport, including non-core sports such as athletics, skiing or golf).

*Tennis scholarships are applied for separately through the Tennis Academy.*

## Practical Assessment

**All shortlisted candidates will attend a practical assessment at Cranmore School in November.**

Candidates will be assessed on fundamental movement skills, decision making, skill execution, and physical performance, using Cranmore's sports facilities, including the Athletic Development Centre. Swimming will be discussed on an individual basis. Candidates will also be interviewed by the Director of Sport and speak informally with relevant Heads of Sport.

# HOW TO APPLY



## Application Submission

- One typed A4 letter of application, covering sporting experience, level of participation, leadership roles, competitions entered, other interests, and any additional relevant information
- A PE teacher reference (non-Cranmore candidates only)
- A club coach reference (if applicable), outlining strengths and areas for development
- A handwritten letter from the candidate, explaining why they wish to attend Cranmore and outlining their greatest sporting achievements

Applicants must state whether they are applying for a General or Specific Sports Scholarship and clearly name the sport.

## Important Information

- Candidates must be firm applicants for the Senior School to be eligible
- Scholarships are reviewed regularly and formally at the end of Year 9
- Scholarships may be withdrawn if expected standards or commitment are not maintained
- No feedback is provided for unsuccessful applications
- Do not submit trophies, certificates or photographs

Please contact our Director of Admissions for more details on:  
[a.charles@effinghamschools.org](mailto:a.charles@effinghamschools.org)

